

## LSU First Health Plan

Benefit Snapshot (01/01/2021 - 12/31/2021)

#### **Putting You First**

- First Choice providers covered at 100%\* (after HRA is exhausted)
- Generic prescriptions covered at 100% (after HRA is exhausted)
- Unlimited annual and lifetime maximum benefits
- No referrals needed for specialists

#### Preventive Care: Covered at 100% with First Choice and In-Network providers

#### Well-child care:

- 6 visits age 0-12 months
- 3 visits age 12-36 months
- Annual visits from 36 months to age 16
- Common Immunizations and screenings

#### Adult Preventive Care (age 16+):

- Routine exams
- Common Immunizations and screenings
- Annual pap smear/pelvic exam
- Age-appropriate diagnostic screenings (mammogram, colonoscopy, etc)

## **Health Reimbursement Account (HRA)**

- Benefit dollars allocated for you and your family
- Pays 100% of eligible medical and pharmacy expenses until exhausted
- Unused dollars, up to a maximum, will roll over for future use

	Employee	Employee/ Spouse	Employee/ Child(ren)	Employee/ Family
Annual HRA Contribution	\$1,000	\$1,500	\$1,500	\$2,000

#### **Deductible—Member Responsibility**

- Covered Services received from First Choice Providers\* and Generic Drugs are covered at
- After your HRA is exhausted, you pay for medical and pharmacy expenses until you have met vour Deductible

	Employee	Employee/ Spouse	Employee/ Child(ren)	Employee/ Family
Option 1	\$500	\$750	\$750	\$1,000

#### Medical and Prescription Drug Coverage

- Covered Services received from First Choice Providers and Generic Drugs are covered at
- After your HRA is exhausted and you meet your Deductible, LSU First pays 80% of eligible in-network charges; you pay the remaining 20%. LSU First pays 60% of eligible Medical out-of-network charges\*\*; you pay the remaining 40% and anything over the Maximum Allowable Charge.
- After your HRA is exhausted and you meet your Deductible, Brand Name and Specialty drugs are covered at 80%. You pay 20% up to a maximum of \$150 for a 30-day supply.
- If you meet the Maximum Out-of-Pocket, covered Medical and Prescription Drug services will be covered at 100%.

Maximum Out-of-Pocket: includes your HRA, deductible and coinsurance **Employee** Employee/Spouse Employee/Child(ren) Employee/Family Option 1 **In:** \$4,500 In: \$6,750 **In:** \$6,750 **In:** \$9,000 Out: Unlimited Out: Unlimited Out: Unlimited Out: Unlimited

#### \* \$150 Emergency Room Co-Pay applies, waived if admitted

#### **How it Works Employee Only**



LSU Pays \$1,000 for all covered services

2

You Pay **\$500** for

non-First Choice Providers, Brand Name and Specialty medications

3

Preventive Care Covered at 100%

### LSU and You Share

100% First Choice 80%/20% In-Network 60%/40% Out-of-Network\*\*

#### Pharmacy:

100% Generic medications 80%/20% Brand Name and Specialty medications (up to \$150 for a 30-day (vlagus

100% Medical and Prescription Drug coverage after you reach your **Maximum Out-Of-Pocket** 

#### **Online Resources**

#### Isu.edu/Isufirst

The LSU First website allows you to understand how the plan works, search for providers, and get information such as the Summary Plan Document, Premiums, Forms, and Annual Notices.

#### Isufirst.webtpa.com

Once registered, the WebTPA portal allows you to track your HRA and deductible balances, view claims, and print an ID card.

#### medimpact.com

Once registered, you can look up prescription drug costs, compare prices for medications, view your medication history. find pharmacy, and reference formulary information. You can also order mail-order prescriptions and track your shipments.

Medical:

**Choice Providers and Gener** 

**Covered at 100% after I** 

<sup>\*\*</sup>Based on the Maximum Allowable Charge



# Important Facts About LSU First

## 1 The LSU First Team

The LSU First team is comprised of the following partners working together for your health care benefits:

- LSU—LSU is financially responsible for paying your claims
- **WebTPA**—Medical Claims Administrator. They have a dedicated team of employees for LSU to answer your calls and process your claims
- **eQHealth**—Medical Management and Care Coordination. They certify pre-authorizations and proactively reach out to members with specific health care risks
- MedImpact—Pharmacy Benefits Manager. They provide customer service and administer prescription programs such as Step Therapy, Prior Authorization and Drug Quantity Management. They also provide mail order services for home delivery of maintenance and specialty medications.
- Verity HealthNet—Local Network Administrator for the First Choice and Verity networks
- Aetna ASA—National Network Administrator and web-based Employee Assistance Program (EAP) provider

## Networks

The LSU First Health Plan utilizes the following Networks:

- **First Choice (FC)**—The FC Network is a network of local providers. Services are covered at 100% after your HRA is exhausted. This means you pay no out of pocket for covered services with these providers.
- **Verity HealthNet**—The Verity Network is a network of local providers. After your HRA is exhausted and you meet your deductible, the Plan will pay 80% and you are responsible for 20%.
- Aetna ASA—The Aetna ASA Network is your nationwide network. After your HRA is exhausted and you meet your deductible, the Plan will pay 80% and you are responsible for 20%.
- Out-of-Network—Any providers not participating in the above networks will be considered Out-of-Network. This may include
  ancillary services, such as radiology, anesthesiology, etc. After your HRA is exhausted and you meet your deductible, the
  Plan will pay 60% of the MRC.

## 3 Employee Resources

Looking to make resolutions that improve your quality of life? Take advantage of *My Life Values*, your **Employee Assistance Program (EAP)**, provided by Aetna. This web-based tool can help with a variety of issues including financial management, short-term counseling and gym discounts. Visit <a href="https://www.mylifevalues.com">www.mylifevalues.com</a> for more information.

Username: peaceofmind Password: solutions

**SparkPeople** is the world's largest healthy living community with a free online diet and fitness program. They offer meal plans and a calorie counter, along with active support message boards and personalized fitness plans with FitBit integration. You can join by visiting **WebTPA's online portal** (<a href="support: support message">support message</a> boards and personalized fitness plans with FitBit integration. You can join by visiting **WebTPA's online portal** (<a href="support: support message">support message</a> boards and personalized fitness plans with FitBit integration. You can join by visiting **WebTPA's online portal** (<a href="support: support message">support message</a> boards and personalized fitness plans with FitBit integration. You can join by visiting **WebTPA's online portal** (<a href="support: support message">support message</a> boards and personalized fitness plans with FitBit integration. You can join by visiting **WebTPA's online portal** (<a href="support: support message">support message</a> boards and personalized fitness plans with FitBit integration. You can join by visiting **WebTPA's online portal** (<a href="support: support message">support message</a> boards and personalized fitness plans with FitBit integration. You can join by visiting **WebTPA's online portal** (<a href="support: support message">support message</a> boards and support message boards and personal support message boards and support message boards and support message boards are support message boards.

## 4 LSU First Medicare Retiree Plan

LSU First continues to partner with UnitedHealthcare® to provide LSU First Medicare-eligible retirees, and all eligible dependents, with the **LSU First Medicare Retiree Plan** for your health and prescription drug coverage. You must be entitled to Medicare Part A, enrolled in Medicare Part B and continue to pay your Part B premium to be eligible for coverage. To learn about plan benefits, find a provider or look up prescription medications, you can contact UnitedHealthcare at 1-800-457-8506 or visit <a href="https://www.uhcretiree.com/lsufirst">www.uhcretiree.com/lsufirst</a>.

WebTPA Customer Service: 1.855.346.5781 LSU First Member Advocate: 1.866.607.5325

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