Meredith Gaffney Nelson, Ph.D., L.P.C., L.M.F.T., N.C.C.

Curriculum Vitae

Department of Psychology Louisiana State University in Shreveport One University Place Shreveport, LA 71115 (318) 797-5199 wk, (318) 470-2534 Meredith.Nelson@lsus.edu

EDUCATION:

Ph.D., Counselor Education, May 2001, CACREP Accredited

University of New Orleans, New Orleans, LA

Specialization Areas: Child and Adolescent Counseling, Mental Health

Counseling, and Research

Minor: Psychology

M.S., Counseling, May 1998

University of Houston-Clear Lake, Houston, TX

B.A., Psychology, December 1994

Southwestern University, Georgetown, TX

Minor: History

TEACHING EXPERIENCE

Louisiana State University of Shreveport 2001 - Present Professor, Graduate Faculty Status 2015-Present Associate Professor, Graduate Faculty Status 2007-20015 Assistant Professor, Graduate Faculty Status

stant Professor, Graduate Faculty Status 2001-2007

Program Director, Master of Science in Counseling 2002-Present

Department of Psychology

Primary instructor for graduate level counseling courses, Introduction to Counseling, Analysis of the Individual, Social and Cultural Foundations in Counseling, Theories and Techniques of Counseling II, Practicum and Internship. Responsible for redesigning the courses for eligibility toward the requirements of the Louisiana Professional Counselor Licensing Board and CACREP accreditation. Designed blackboard, moodle sites, utilized Powerpoint presentations, and networked with local community mental health professionals. Additionally, have taught five sections of an undergraduate introductory psychology course and a freshman seminar course. Core

member and director of Master of Science in Counseling Program Committee (MSC) assisting in both administrative and advisory functions including handbook construction, practicum and internship development, program catalog, course designs, marketing, and student actions. In addition, marketed the masters' program for community outreach and conducted graduate and undergraduate student advising. As of December 1, 2002, appointed Program Director for the Master of Science in Counseling Program to present.

University of New Orleans Assistant Adjunct Professor

Dept. of Educational Leadership, Counseling, and Foundations Summer 2001

Primary instructor for a graduate level Foundations of Educational Research course concentrating on the quantitative/qualitative research methodologies and evaluation research. Responsible for lectures, assignments, and exams. The course utilized a specially designed website, blackboard site, and in-class Powerpoint slide presentations.

Delgado Community College Adjunct Professor/Psychology

Spring 2001

Primary instructor for a Human Growth and Development course. Responsible for providing an overview of the developmental changes faced by individuals in the biosocial, cognitive, and psychosocial domains throughout the lifespan. Responsible for lectures, assignments, exams, academic advisement, and final letter grades.

University of New Orleans Teaching Assistant

1998-2001

Co-taught and provided extensive support in the design and instruction of various CACREP core and specialization courses. Assisted in the evaluation of course work and clinical development, provided academic advisement, and collaborated with professors on final letter grades. These courses included:

Child and Adolescent Counseling
Crisis Counseling
Human Services Counseling
Family (Systems) Counseling
Research Design
Advanced Group
Human Sexuality
Techniques in Counseling

Educational Research Advanced Techniques in Counseling

De La Salle High School, New Orleans, LA Behavior Management/Teacher

2000-2001

Designed and implemented a daily behavior modification program for an individual diagnosed with Asperger's Syndrome. Interventions address issues specific to behavioral and academic disabilities.

Clear Lake High School, Special Education, Houston, TX 1997 - 1998 Permanent Substitute Teacher/Severely Emotionally Disturbed

Taught special subjects for severely emotionally disturbed high school students in a self-contained classroom for grades 9-12. Supervised the paraprofessional assigned to assist in this classroom. Responsibilities included consultations with school counselors,

psychologists, and administrative staff concerning the individual educational plans of each student and attending Annual Review Dismissals (ARDs).

SUPERVISION EXPERIENCE:

Louisiana State University in Shreveport University Supervisor

2002- present

Conduct group and individual supervision with on-site visits to counseling practicum/internship students.

LA Licensed Professional Counselor Board Approved Supervisor

2003-present

Supervise Louisiana Licensed Professional Counselor Interns working in various mental health agencies in individual and group settings.

University of New Orleans University Supervisor

1999-2001

Conducted weekly individual supervision meetings with practicum and internship students in counseling. Evaluated and provided feedback on weekly audio-taped clinical sessions, consulted with on-site supervisors, and provided final grades to practicum and internship Coordinator every semester.

YWCA, Children's Crisis Unit, New Orleans, LA On-Site Supervisor

1999-2000

The Children's Crisis Unit is part of the UNO/Xavier Joint Center for Multiculturalism and Development and specializes in working with children under the age of 6 with suspected sexual assault/abuse. On-site individual and group supervisor for the Crisis Unit. Consulted with members of the criminal justice system, monitored supervisees' list serve, planned and implemented bi-weekly counseling workshops with experts in the field. Counseled individual clients on an as needed basis.

Xavier University of Louisiana, New Orleans, LA Practicum Group Leader

Spring 1999

Group supervisor and facilitator of master's degree practicum class at a local university. Performed administrative duties and faculty support.

CJ Peete Public Housing Project, New Orleans, LA Supervisor/Counselor

1998-1999

Supervised individual master's degree intern students who were providing clinical services. Provision of individual counseling, intakes, assessments, and treatment planning for community residents.

WORK EXPERIENCE:

Nelson Counseling Center, Shreveport, LA

2003-2011

Licensed Professional Counselor, Licensed Marriage & Family Therapist

Part-time mental health private practice counselor specializing in adolescent, couples, and individual counseling.

Pool of Siloam Free Medical Clinic and Ministry Therapist

2006-2012

Part-time counselor for pro bono clients who have no insurance, Medicaid, or Medicare. Individual, Couples, and Group therapy.

Community Support Programs Therapist

2003-2012

Part-time counselor for clients referred from the Department of Social Services and Juvenile Court as part of their PORTALS program. Consultant on mental health issues for this non-profit mental health agency.

University of New Orleans LEAP Project Initiative, Northwest LA 2001-2002 School Counselor

Contract school counselor for fourth grade students who failed the LEAP test at assigned schools in Ouichita Parish and Caddo Parish. Additionally, consulted with teachers and principals concerning needs of students being served and provided technical assistance as needed for school personnel and parents.

Acorn Adoption Agency, New Orleans, LA Mental Health Counselor

2001-2002

Contract mental health counselor specializing in birth parent surrender counseling in South Louisiana.

Mid-City Counseling Center, New Orleans, LA Licensed Professional Counselor

2000-2001

Mental health counselor specializing in adolescent, couples, and individual counseling. Responsible for parent education and intervention strategies specific to parenting.

Boys and Girls Town Emergency Shelter, New Orleans, LA Counselor

Summer 2000

Interim counselor for adolescent residents. Provided individual and group counseling for children and adolescents with behavioral disorders. Coordinated and devised treatment plans and collaborated with an interdisciplinary team.

University of New Orleans

Graduate Assistantship/Fellowship

1998-2000

Worked as a research associate for the Joint UNO/Xavier Research Center for Multiculturalism and Development. Served as a graduate assistant to professors in the Department of Educational Leadership, Counseling, & Foundations. Planning counseling workshops, conducting research, conducting focus groups, presenting at conferences, grading exams, and administering adjunct faculty evaluations were a portion of my responsibilities. Also interviewed potential masters candidates for admission,

coordinated and planned annual alumni events, organized and facilitated Big Easy Workshop Series, and coordinated core courses with CACREP standards.

BW Cooper Public Housing Development, New Orleans, LA 1999-2000 Counselor/Research Assistant

Contract counselor for an inner-city public housing project. Conducted assessments, systemic observations, and crisis interventions for community residents. Responsible for individual and group counseling with adolescents and parents. Assisted in developing an ongoing mental health component that utilizes a holistic approach in dealing with community needs. Assisted in compiling, analyzing, and disseminating research results concerning the "Keeping it Real" program which was government funded to reduce teen pregnancy and violence in this zip code area.

University of New Orleans Research Associate

Spring 1999

Contract research associate for the joint project between the University of New Orleans Department of Educational Leadership, Counseling, and Foundations and the New Orleans Public Schools Urban Systemic Initiative Project. Duties involved incorporating survey results from area public schools into a statistical package for research analysis.

Bethany Nursing Home, New Orleans, LA Group Counselor

Spring 1999

Co-facilitated a reminiscent group for residents of the Bethany Nursing Home.

Harris County Youth Village, Houston, Texas Counselor Intern

Spring 1998

Provided counseling services in a juvenile correctional facility. Participated in multidisciplinary staffings, case notes, assessment, diagnosis, and other services for adolescent criminal offenders.

New Life Counseling Center, Pasadena, Texas **Counselor Intern**

Spring 1998

Provided counseling services in a private practice setting to individuals, families, and groups. Coordinated and planned workshops, co-facilitated parent training groups, participated in marketing, documented case notes, and developed treatment plans.

University of Houston-Clear Lake Counseling Center Counselor-in-Training

Fall 1997

Provided a variety of individual, group, and family counseling services to residents in the Houston area, as part of my practicum requirements. Responsibilities included assessment, diagnosis, and individual and group counseling with adults and adolescents.

Houston Area Women's Center

Rape Crisis Hotline Volunteer

Completed 51 required hours of responding to calls at the rape crisis hotline. Provided emotional support, crisis intervention, and made referrals. Received certification as a Texas Crisis Specialist.

Travis State School, Austin, Texas Behavior Specialist

Fall/Spring 1996

Provided direct care services to clients with severe emotional and behavioral disorders. Participated in interdisciplinary staffings, and designed and implemented behavior management programs.

Travis State School, Austin, Texas Therapist Technician III

1995-1996

Provided direct care services to mentally ill/mentally retarded (MHMR) clients. Responsible for providing homemaker and habilitation services. Services included counseling, assistance with range of motion exercises, self-help skills which included the uses of emergency services. Dealt with emergency and life-threatening situations, as well as clients who were aggressive and/or combative. Responsible for documentation and billing procedures as declared by program standards.

PUBLICATIONS:

- Nelson, M. & Emerson, P. (2019). "A Call for Quality Research" Editorial. Louisiana Journal of Counseling.
- Winter, T. & Nelson, M. (2018). "How a Counseling Degree has Helped Me." Louisiana Journal of Counseling.
- Fowler, S., Matthews, M. & Nelson, M (2017). "The Use of Technology in Counseling." Louisiana Journal of Counseling.
- Nelson, M. & Emerson, P. (2015). Complementary and Alternative Therapies: A Second Look. Editorial. *Louisiana Journal of Counseling*.
- Malmsten, R., Nelson, M., & Guthrie, K. (September, 2014). Disaster Displaced Readiness: A Model for Mental Health Care in a Post-disaster Environment. *Louisiana Journal of Counseling*.
- Emerson, P., & Nelson, M. (September, 2014). Counter-Transference, Values and the New ACA Code of Ethics: Making Progress? Editorial. *Louisiana Journal of Counseling*.
- Emerson, P., Nelson, M. & Matheny, M. (2013) Advocacy: What do we as counselors need to advocate for. Editorial. *Louisiana Journal of Counseling*.

- Guillaume, C., Russell, S., Nelson, M. & Emerson, P. (2012). Analysis of author and topic trends for the Louisiana Journal of Counseling (LJC). *Louisiana Journal of Counseling*.
- Emerson, P., & Nelson, M. (2012). Counselor self care: Management of self. Editorial. *Louisiana Journal of Counseling*.
- Nelson, M. & Emerson, P. (2011). Reflections on scholarship: Getting started doing research. Editorial. *Louisiana Journal of Counseling*.
- Nelson, M. & Lawley, J. (2009). Counseling transgender clients: Issues in counselor training and development. *Arizona Counseling Journal*.
- Nelson, M. (2009). Gratitude and the counseling profession. Editorial. *Louisiana Journal of Counseling*.
- Nelson, M. (February, 2007). Characteristics, treatment, and practitioners' perceptions of juvenile sex offenders. *Journal for Juvenile Justice and Detention Services*.
- Nelson, M., Specian, V., Tracy, N., & DeMello, J. (December, 2006). The effects of moderate physical activity on offenders in a rehabilitative program. *Journal of Correctional Education*.
- Dykes, M., Specian, V., Nelson, M., & Gray, N. (July 18, 2006). Self-injurious behavior: Characteristics and innovative treatment strategies. *Journal of School Counseling*, 4 (15).
- Gray, N., & Nelson, M. (2004). Increasing counselors' professional identity through the use of supervision developmental models. *Louisiana Journal of Counseling*.
- Nelson, M., Herlihy, B., & Oescher, J. (2002). A survey of counselor attitudes towards sex offenders. *Journal of Mental Health Counseling*, 24, 51-67.
- Nelson, M. (2001). Counselor attitudes toward sex offenders. *Dissertation Abstracts*.
- Gray, N., Austin, C., Blanchard, V., Hermann, M., Gaffney, M., Ashton, L., & Coleman, W. (2000). *Instructor's manual for ethical, legal, and professional issues in counseling by Remley & Herlihy, 2000 Ed.* Upper Saddle River, NJ: Merrill.
- Oescher, J. and Nelson-Gaffney, M. (2001). *Instructor's Manual to James H. McMillan and Sally Schumacher's Educational Research: A Conceptual Introduction (5th edition)*. New York: Addison, Wesley, & Longman.

Oescher, J., and Nelson-Gaffney, M. (2001). Website for James H. McMillan and Sally Schumacher's Research in Education: A Conceptual Approach, (5th ed.). Available: http://occ.awlonline.com/bookbind/pubbooks/mcmillan2 awl/ (2001, March 31).

BOOK REVIEWS:

Nelson, M. (Reviewed July, 2003). "The sexual abuse victim and sexual offender treatment planner." Counseling Today: American Counseling Association Publication.

Nelson, M. (Reviewed October, 2003). "Violence in American schools: A practical guide for counselors." Counseling Today: American Counseling Association Publication.

Nelson, M. (Reviewed December, 2003). "Becoming a Helper" by Corey, G. and Corey, M., 2004 (5th edition). Brooks/Cole Publishing.

PRESENTATIONS:

Nelson, M., & McGee, S. (2019)." Ethical Issues with Dementia." LA Social Workers Association. (May 2, 1 hour). Shreveport, LA.

Nelson, M. & Valia, M. (2018) "School Counselor ACES".: Bossier Parish School Counselors. August 23. (3 hours). Bossier, LA.

Chewning, D. & Nelson, M. "Trauma Informed Therapy for Caddo Juvenile Court." Northwest LA Crime Lab. May 18, 2018 (4hrs.)

Chewning, D. & Nelson, M. "Trauma Informed Providers." LSUS. June 1, 2018 (2hrs).

ACES Training for Counselors." Louisiana Counseling Association, Oct. 1, 2017, Baton Rouge, LA (3 hours).

- Nelson, M. & Panel. (2016). LGBTQ Youth and suicide Issues. 11th Annual Suicide Prevention Conference. Shreveport, LA.
- Pincus, R. & Nelson, M. (2016). Motivational Group Counseling in Middle and High Schools. American School Counselor Assocation Annual Conference, New Orleans, LA.
- Nelson, M. (2015). Tourette Syndrome. Louisiana Counseling Association, Baton Rouge, LA.
- Nelson, M. (2015). LGBTQ Youth: Increased Risk for Suicide. Northwest LA Suicide Prevention Coalition.

- Nelson, M., & Malmsten, R. (2014). Seasonal Affective Disorder. Northwest Louisiana Counseling Association. Shreveport, LA.
- Monceaux, C. & Nelson, M. (2013). Genes, Environment, & Gene Environment Interplay. Louisiana Counseling Association. New Orleans, LA.
- Lawley, J., Nelson, M., Russell, S., & Guthrie, K. (2012). Get your twitter out of my facebook: Ethics, social media, and technology with adolescents. Louisiana Counseling Association, Lake Charles, LA.
- Nelson, M. (2011). Overview of Disaster Relief Training to Aid Evacuees: Real Life Examples From Northwest Louisiana to Katrina/Rita/Gustav Evacuees. American Counseling Association. New Orleans, LA.
- Nelson, M., & Lawley, J. (2011). A Crisis in School Counseling. Louisiana Counseling Association. Baton Rouge, LA.
- Lawley, J., & Nelson, M. (2011). Defining Mental Health in Louisiana. Louisiana Counseling Association, Baton Rouge, LA.
- Nelson, M., & Lawley, J. (2010). Disaster Relief in the school setting. Louisiana Counseling Association. New Orleans, LA.
- Lawley, J., Nelson, M., & Wisinger, J. (2010). ADHD: An overview. Louisiana Counseling Association, New Orleans, LA.
- Nelson, M. & Chewning, D. (2009). "Psychological First Aid." Medical Reserve Corps/Shreveport-Bossier Homeland Security First Responders. Shreveport, LA.
- Nelson, M. & McClain, S. (2009). Exercise Therapy. Louisiana Counseling Association. Baton Rouge, LA.
- Cathey, M., Nelson, M., & Williams, J. (2009). Gratitude: The power to heal, energize, and change lives: The next chapter, research and design. Louisiana Counseling Association. Baton Rouge, LA.
- Nelson, M., Lawley, J., Cristy, K., Kersh, C., Gay, K. (2008). "The Bullying of our youth: What counselors can do to help." Louisiana Counseling Association. Baton Rouge, LA.
- Nelson, M. (2008). "From LSU-Shreveport Disaster Mental Health: Aiding Evacuees in the Katrina/Rita Aftermath." Southern Association for Counselor Education and Supervision. Houston, Texas.
- Nelson, M., Parker, S., Gay, K., Owens, B. (2007). "Counseling Today's Teens." Louisiana Counseling Association. Baton Rouge, LA.

- Nelson, M., Tracy, N., Trickett, R., Dowden, E., & Specian, A. "Nonverbal interaction in the counseling setting." (January, 2006). Northwest Louisiana Counseling Association, Shreveport, LA.
- Nelson, M., Adomaitis, R., & Kleckinger, H. (2006). "LSUS disaster relief center: Counselors aiding evacuees in the Hurricane Katrina aftermath." Louisiana Counseling Association, Alexandria, LA.
- Nelson, M., Clark-Houston, O., & Lewis, K. (2006). "Forgotten children: An examination of homeless youth." Louisiana Counseling Association, Alexandria, LA.
- Nelson, M., Clark-Houston, O., & Lewis, K. (2006). "Help for the homeless: Working with the homeless youth and their families. Northwest Louisiana Counseling Association, Shreveport, LA.
- Nelson, M., Tracy, N., Trickett, R., Dowden, E., & Specian, A. "Complimentary and alternative medicine: Implications for counselors." (February, 2005). Northwest Louisiana Counseling Association, Shreveport, LA.
- Nelson, M., Tracy, N., Trickett, R., Dowden, E., & Specian, A. "Nonverbal interaction in the counseling setting." (October, 2005). Louisiana Counseling Association, Baton Rouge, LA.
- Nelson, M., Tracy, N., Trickett, R., Dowden, E., & Specian, A. "Complimentary and alternative medicine: Implications for counselors." (October, 2005). Louisiana Counseling Association, Baton Rouge, LA.
- Nelson, M. & Gray, N. (April, 2004). "Promoting wellness in counseling." American Counseling Association. Kansas City, MO.
- Nelson, M., & Reasons, E. (October 2004). "Using bibliotherapy with children and adolescents." Louisiana Counseling Association, Lafayette, LA.
- Nelson, M., & Evans, J. (October 2004). "Promoting healthy behaviors for better counseling success." Louisiana Counseling Association, Lafayette, LA.
- McCollum, V., Nelson, M., Triplett, V., & Thornton, M. (2003). American Counseling Association. "Counseling students who fail high stakes testing." Anaheim, CA
- Gray, N., & Nelson, M. (2003). American School Counselors' Association. "School counselors as leaders in drug free schools." St. Louis, Missouri.

- Nelson, M., Bray, S., Burns, J. (October 2003). "The healing power of forgiveness on the human spirit: A blueprint for effective therapy." Louisiana Counseling Association. Monroe, LA.
- Nelson, M. (October 2003). "Using physical health and wellness in counseling." Louisiana Counseling Association. Monroe, LA.
- Bray, S., Burns, J., & Nelson, M. (October 2003). "The healing power of forgiveness on the family." Northwest Louisiana Counselor's Association. Shreveport, LA.
- Nelson, M., & Gray, N. (2002). American Counseling Association. "Asperger's syndrome: An overview and recommendations for treatment." New Orleans, LA.
- Nelson, M., & Gray, N. (2002). American Counseling Association. "Counseling strategies for hostile and resistant teens." New Orleans, LA.
- Nelson, M. (2002). Parents, Families, and Friends of Gays and Lesbians. "Counseling issues for gay, lesbian, and bisexual youth." Shreveport, LA.
- Nelson, M. (2002). Northwest Louisiana Counseling Association. "Counseling Exceptional Children." Shreveport, LA.
- Williams, D., & Nelson, M. (2002). American Psychological Association. "Psychological reactance and training barriers." Chicago, IL.
- Nelson, M., & Doty, S. (2002). Louisiana Counseling Association. "An introduction to asperger's syndrome." Baton Rouge, LA
- Nelson, M., & Gusko, J., Doty, S. (2002). Louisiana Counseling Association. "Eating disorders: An overview and implications for treatment." Baton Rouge, LA
- McCollum, V., Nelson, M., Triplett, V., & Thornton, M. (2002). Louisiana Counseling Association. "Working with the emotional fallout of public school students who fail high stakes tests." Baton Rouge, LA
- Gusko, J., Stanley, P., Nelson, M., & Doty, S. (2002). Louisiana School Psychology Association. "Eating Disorders: An overview of current research. "Lafayette, LA
- Nelson, M.G. (2001). Louisiana Counseling Association. "Counseling difficult clients." Lafayette, LA. (Voted Best in Show from 2000).
- Nelson, M.G. (2001). Northwest Louisiana Counseling Association. "Counseling difficult clients." Shreveport, LA.

- Christensen, T., Gaffney, M., Hermann, M. (2000). American Counseling Association. "Group work with youth affected by trauma." Washington, D.C.
- Ashton, L., Gaffney, M., Herlihy, B., McCullom, V., & Christensen, T. (2000). American Counseling Association. "Making it while being true to self: Women counselor educators." Washington, D.C.
- Nelson, M.G. (2000). Louisiana Counseling Association. "Counseling difficult clients." Alexandria, LA.
- Michel, E., Nelson, M.G., & Christensen, T. (2000). Louisiana Counseling Association. "Counseling children with posttraumatic stress disorder." Alexandria, LA.
- Nelson, M.G. (2000). Southern Association of Counselor Educators and Supervisors. "Supervising and training counselors to work with offenders." Greensboro, N.C.
- Ashton, L., & Nelson, M.G. (2000). Southern Association of Counselor Educators and Supervisors. "The graduate student success model (GSSM)." Greensboro, N.C.
- Nelson, M. G., & Herlihy, B. (2001). American Counseling Association. "Counselors' attitudes toward working with sexual offenders." San Antonio, TX.
- Frasier, K., Gaffney, M., Olatunji, C.W., & Watson, Z. (1999). Louisiana Educational Research Association. "Culturally-specific service learning experiences for graduate counseling students in a public housing development." New Orleans, LA.
- Ashton, L., Gaffney, M., Herlihy, B., McCullom, V., & Christensen, T. (1999).

 Louisiana Counseling Association. "Professional women: Unique challenges and practical strategies for success." Baton Rouge, LA.
- Remley, T., Hermann, M., Gaffney, M., Gray, N., & Keene, K. (1999). Louisiana Counseling Association. "Legal issues in counseling children." Baton Rouge, LA.
- Ashton, L., Gaffney, M., & Herlihy, B. (1999). Louisiana Counseling Association. "Maximizing the graduate student experience." Baton Rouge, LA.
- Frasier, K., Gaffney, M., Olatunji, C.W., & Watson, Z. (1999). Louisiana Educational Research Association. "Culturally-specific service learning experiences for graduate counseling students in a public housing development." New Orleans, LA.
- Remley, T., Herlihy, B., Anderson, M. J., Gaffney, M. Gray, N., & Lazzari, S. (1998). Louisiana Counseling Association Annual Conference. "Contemporary issues in confidentiality." Lafayette, LA.

Ashton, L., Gaffney, M., & Herlihy, B. (1998) Louisiana Counseling Association Annual Conference. "The graduate student experience." Lafayette, LA.

COMMUNITY PRESENTATIONS/WORKSHOPS:

- Nelson, M. (October, 2016). Panel Moderator for Somm: Into the bottle. Robinson Film Center, Shreveport, LA.
- Nelson, M. (Sept. 12, 2016). Panel Moderator for LGBTQ youth. "Henry Gamble's Birthday Party." North Louisiana Gay & Lesbian Film Festival. P.A.C.E. Shreveport, LA.
- Nelson, M. (Oct., 2015). Panel Moderator for Northwest National Alliance for Mentally Ill. "The Psychology of Fear." Robinson Film Center, Shreveport, LA
- Nelson, M. (May 27, 2015). Panel Moderator for Northwest National Alliance for Mentally Ill. "Welcome to me." Robinson Film Center, Shreveport, LA
- Nelson, M. (Sept. 26, 2014). "Mental Health and Modern Medicine." Senior Seminar BIOS 495/695. LSUS.
- Nelson, M. (Sept. 9, 2014). Panel Moderator for Transgender Issues. "Come into me." North Louisiana Gay & Lesbian Film Festival. P.A.C.E. Shreveport, LA.
- Nelson, M., & Malmsten, R. (April 30, 2014). "Dementia: Implications for the caregiver." Broadmoor Library, LSU Health Sciences. Events are funded by an outreach award sponsored by the National Network of Libraries of Medicine, South Central Region.
- Nelson, M., DeSantiago, S., & Malmsten, R. (Oct. 21, 2013). "Distinguishing Seasonal Affective Disorder from the Winter or Holiday Blues." Broadmoor Library, LSU Health Sciences. Events are funded by an outreach award sponsored by the National Network of Libraries of Medicine, South Central Region.
- Nelson, M. (Sept. 9, 2013). Panelist. "Heterosexual Jill: Conversion Therapy." North Louisiana Gay & Lesbian Film Festival. P.A.C.E. Shreveport, LA.
- Nelson, M. (April 19, 2012). Panelist. "The Geography of Happiness." Aspen Ideas Mini-Fest, Shreveport, LA.
- Nelson, M. (November 2009). Gratitude and the Positive Effects on Health. Shreveport Club Women's Health Quarterly Luncheon. Shreveport, LA.
- Nelson, M., (April 2007). "Adolescent Mental Health Issues." Fort Polk Military Base, Child Abuse Awareness Month.
- Nelson, M. (March 27, 2006). Community Support Programs Foster/Adoptive Parents Support Group Inservice. "Depression in Children and Adolescents."
- Nelson, M. (November 15, 2005). Red Hot Mamas: Menopausal and Perimenopausal Support Group. "The Hurried Women's Syndrome."
- Nelson, M. (September 26, 2005). Community Support Programs Case Management Training. "Suicide and Risk Factors."
- Nelson, M. (July 28, 2005). Women's Health Seminar for Professionals, sponsored by Christus Schumpert and Shreveport Dietetic Association. "The Hurried Women's Syndrome."

- Nelson, M., Campbell, N., & Trickett, R. (November 1, 2004). "Bibliotherapy for children." Mom's Club of Shreveport, LA.
- Nelson, M. (October 2004). "Challenging clients." Early Childhood Supports and Services. Office of Mental Health and Community Support Programs- Case Management Training. Shreveport, LA.
- Nelson, M. (July, 2004). "Mental health issues in the GLBT community." PFLAG: Parents, Family and Friends of Gay, Lesbian, Bisexual, and Transgendered.
- Nelson, M. (October 2003). "Asperger's Syndrome." Sciport Discovery Center, Shreveport, LA.
- Nelson, M., Adomaitis, R., Baxter, S., Hebert, S., Kobes, R., Scott, R. (October 2003). "Moving Past Trauma: PTSD Community Outreach Program." Pfizer/YWCA. Bossier City, LA.

STATISTICAL CONTRACT / GRANTS / PROGAM EVALUATION:

- Disbrow, E., Nelson, M. et al. (2021). Wrote a grant in partnership with LSU Health Sciences Center for Brain Institute to the NIH. (Submitted).
- Disbrow, E., Nelson, M. et al. (2019). Rewrote a Gerontological Grant in partnership with LSU Health Sciences Center for Brain Institute to the NIH. (Submitted).
- Nelson, M. (2017), Rewrote and received a Mental Health Grant for the MSC LSUS program from Blue Cross/Blue Shield. (\$19,500).
- Nelson, M., Robison, G, & People Acting for Change and Equality (P.A.C.E.). (2017). Provided LGBTQ sensitive training to Caddo Parish Juvenile Court employees and Caddo Parish Parole employees.
- Nelson, M., Failey, R., & Watt, E. (2015). City of Shreveport, LA. Provided LGBTQ awareness sensitivity training to Sportran bus employees, City dept. heads, and human resource managers.
- Nelson, M. (2016). National Board of Certified Counselors. CACREP accreditation fee proposal grants. (\$2500)
- Nelson, M. (2014). National Board of Certified Counselors. CACREP accreditation fee proposal grants. Not funded
- Lawley, J. & Nelson, M. (2008). LSUS Faculty Technology Fee Proposal Granted. "Upgrade Training Clinic for Teaching/Supervision." \$2800 funded.
- Centenary College "Safe Zones" Grant (2006-2007)- Mental Health Consultant. \$3,000 funded for whole program through the Southern Private Colleges Association.

2011

Nelson, M. (2004). LSUS Faculty Technology Fee Proposal Granted: "Field Experience Enhancement, Masters in Counseling Psychology." \$1150.00 funded.

Williams, D., & Nelson, M. (2002) "Psychological Reactance and Critical Feedback." \$500.00 funded. LSUS Faculty Research and Development Grant.

Shemwell, M. G., Stinson, V., Wells, S., Thomas, B., & Nelson, M. (March, 2002) Community Support Programs, Inc. "A coordinated community education and self-sufficiency program (ACCESS)." \$500,000 was funded through TANIF.

Shemwell, M. G., Stinson, V., Wells, S., Thomas, B., & Nelson, M. (April, 2002) Community Support Programs, Inc. "Reducing teen pregnancy (PRIDE)." \$300,000 Grant not funded.

Oescher, J., & Gaffney, M. (2000). United Teachers of New Orleans. "Beginning of year school conditions." Conducted data entry and assisted with individual school reports and overall analyses for Orleans Parish, LA.

Oescher, J., & Gaffney, M. (1999). United Teachers of New Orleans. "Beginning of year school conditions." Conducted data entry and assisted with individual school reports and overall analyses for Orleans Parish, LA.

Gaffney, M. (1999). Community Support Programs, Shreveport, LA. "Using statistics in research design studies for mental health community agencies."

Gaffney, M., & Ashton, L. (1999). Community Support Programs, Shreveport, LA. "Setting up a research design component for a criminal justice therapy grant."

PROFESSIONAL SERVICE:

Robinson Film Center, President of the Board	2018-2021
Robinson Film Center, Executive Board Member	2016-2022
Robinson Film Center, Board Member (non-profit)	2015
Centenary College, Search Committee Member Board of Regents Endowed Chair Psychology Position	2015-2016
Louisiana Counseling Association Executive Board Professional Development Committee (reviewing annual conference prop	2009-present osals)
Louisiana Journal of Counseling Co-Editor of the peer-reviewed Journal	2008-present

ACA Counselor Ed Liaison for LSUS students/ACA conference

Board Member, Medical Reserve Corps, Caddo/Bossier Office of Homeland Security	2006-present
Member, Louisiana Center for Women and Government Leaders	2006-Present
Member , "We Grow Together" Food Council, LSU Ag Center North LA National Alliance of Mental Illness Advisory Committee	2012-Present 2016-2018
Vice-Chair, North Louisiana Slow Foods Member at Large, Northwest LA Slow Foods	2015-2018 2018-Present
Secretary, Northwest Louisiana Slow Foods	2014-2015
Co-Secretary, Northwest Louisiana Slow Foods	2013-2014
Treasurer, North Louisiana Slow Foods	2009-2013
Membership Chair, Holiday in Dixie Cotillion Club	2010
Membership Committee, Holiday in Dixie Ambassadors Club	2007-2008
Hospitality Chair, Holiday in Dixie Cotillion Club	2007-2009
Board Member, Women's Philanthropy Network	2009-2012
Hurricanes Gustav/Ivan MRC Volunteer Mental Health Coordinator Co-chair Coordinated mental health coverage at 2 state-run shelters in Shreveport.	2008
Hurricanes Katrina/Rita Volunteer Mental Health Coordinator Coordinated mental health coverage at all evacuee shelters in Northwest LA during Hurricanes Katrina and Rita. Organized website, database, command center, phone line.	2005
Vice President of Continuing Education, Northwest Louisiana Counseling Association (Re-elected)	2005-2007 2003-2004
Chevalier Commandeur (Officer), Confrerie du Tastevin	2015-Present
Chevalier Member, Confrerie du Tastevin	2006-Present
Member, Council of Young Professionals, Northwest LA	2004- 2007
President, Board of Directors, Acorn Adoption Agency, New Orleans, LA	A 2000-2001

Vice-chairman, ACES National Convention Recruitment Committee	2000	
Volunteer, Young Leadership Council, New Orleans, LA	2000	
UNIVERSITY SERVICE:		
University of Cumberlands, Dissertation Committee Member (Kelle Falterman)	2019-2021	
Grievance Hearing, Dept. Chair, LSUS	2021	
Chair, Promotion and Tenure Committee, EdD in Leadership Studies 2021		
COEHD, Search committee Member, LSUS, Counseling Faculty	2021-2022	
Chi Sigma Iota, Faculty co-chair	2015-present	
Specialist in School Psychology Committee Member, LSUS	2008-present	
Human Development Graduate Faculty Courses/Curriculum Chair	2016-2020	
COBHD Associate Dean Search Committee Member	2017	
Judge for the LSUS Business School Research Poster Forum	2018	
LSUS Provost/Vice-Chancellor Search Committee Member	2017-2018	
Safe Spaces Training to Become a Safe Spaces Trainer	2018	
GA Policy Review Committee	2017	
CACREP Liason, self-study	2013-present	
Graduate Council Member, LSUS	2016-present	
Search Committee Member, Dean of College of Bus, Ed, Human	2015-2016	
Grievance Hearing, Promotion and Tenure Denial, LSUS	2014	
Search Committee Chair, Psychology Department Faculty 2014	2013-	
Search Committee Chair, Psychology Department Faculty 2014	2013-	
Search Committee Chair, Psychology Department Faculty 2007	2006-	

2004
2004-present
2004-2007
2003-Present
2003-2004
2007-Present
2003-Present
Spring 2003
2002-2003
2002-2003
2002-2003
2001-
2005-2006 2006-2007 2007 pub. '06 2001 2000 1999 1996-2001 1998

PROFESSIONAL MEMBERSHIPS/LICENSES:

National Certified Counselor, National Board of Certified Counselors (#74317)

Licensed Professional Counselor, Louisiana (License #2618)

Licensed Professional Counselor Supervisor, Louisiana (#2618)

Licensed Marriage and Family Therapist (License #MFT 214)

Clinical Member of American Association of Marriage and Family Therapists

Louisiana Licensed Professional Counselor Supervisor

Association for Counselor Education and Supervision

American Counseling Association

Louisiana Counseling Association

Northwest Louisiana Counseling Association

Southern Association for Counselor Education and Supervision

Chi Sigma Iota International Honor Society

Louisiana Association of Counselor Educators and Supervisors

REFERENCES:

Theodore P. Remley, Jr., J.D., Ph.D. Professor
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