

Lisa Arendell

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Title of talk: “Still I Rise: Transforming Setbacks into Comebacks”

Bio: Lisa Arendell, founder of Lisa Lou Impact, is passionate about helping others create impact through verbal and non-verbal communication.

Living in over 50 homes by the time she was married, friendship and community was a struggle.

Lisa had to learn how to read people and understand them in a way that helped her build relationships and trust quickly.

Today as a body language coach, a John Maxwell Leadership trainer and a DISC behavior consultant, she brings passion and energy to helping busy professionals and teams build the skills needed to improve communication in a unique and engaging way.