COLLEGE MENTAL HEALTH:

- **Active Minds** - Dedicated to raising mental health awareness among college students via peer-to-peer dialogue & interaction
- **The JED Foundation** - Dedicated to promoting emotional health & preventing suicide on college campuses
- **U-Lifeline** - Online resources for college mental health, sponsored by the JED Foundation
- **Half of Us** - Raising public dialogue & awareness about prevalence of mental health issues, from MTV and the JED Foundation
- **Students Against Depression** - Provides resources to help you find a way forward, offering advice, information, & screenings
- **Athletes & Mental Health** - Online resources from the NCAA Sport Science Institute
- **Study.com** - A guide to mental health for college students

GENERAL MENTAL HEALTH:

- **American Psychological Association** (APA)
- **Anxiety & Depression Association of America** (ADAA)
- **Mental Health America** (MHA)
- **National Institute of Mental Health** (NIMH)
- **Substance Abuse and Mental Health Services Administration** (SAMHSA)