Breakfast

THE CAPTAIN $6.75
2 Eggs, Bacon or Sausage, Wheat Toast, Croissant or Biscuit, Grits or Hash Browns

BREAKFAST TACO $4.95
Egg, Bacon or Sausage, & Cheese

ENGLISH MUFFIN $4.95
Egg, Bacon or Sausage, & Cheese

BREAKFAST TOAST SANDWICH $4.95
Egg, Bacon or Sausage, & Cheese

BREAKFAST CROSSANT $5.25
Egg, Bacon or Sausage, & Cheese

BREAKFAST BISCUIT $4.50
Egg, Bacon or Sausage, & Cheese

SAUSAGE BISCUIT $2.95
Turkey Bacon & Ham are available upon request.

Grab & Go Salads

GARDEN VEGGIE SALAD (310 CAL.) Full $7.00
Mixed Greens, Cherry Tomatoes, & Garden Vegetables

CHEF SALAD (480 CAL.) Full $8.50
Turkey, Ham, Hard-Boiled eggs, Bacon, Mixed Greens, Cherry Tomatoes, Cucumber, & Carrots

GRILLED CHICKEN SALAD (490 CAL.) Full $8.50
Grilled Chicken, Mixed Greens, Cucumber, Carrots, Cherry Tomatoes, & Shredded Cheese

FAJITA SALAD (530 CAL.) Full $8.95
Marinated Chicken, Mixed Greens, Black Beans, Corn, Salsa, Shredded Cheese, & Guacamole

GREEK SALAD (440 CAL.) Full $8.50
Grilled Chicken, Mixed Greens, Olives, Bell Peppers, & Feta Cheese

GREEN GODDESS SALAD (550 CAL.) Full $8.50
Grilled Chicken, Bacon, Hard-Boiled Eggs, Mixed Greens, Cherry Tomatoes, & Guacamole

Entrees

ALL ENTRIES ARE AVAILABLE AS A COMBO

HAMBURGER $5.50

CHEESEBURGER $6.00

PICKLED CHICKEN SALAD $6.50

CHICKEN TENDERS $5.25

HOT WINGS $6.50

B.L.T. $5.50

GRILLED CHEESE $5.00

HAM & CHEESE $5.50

UPGRADE TO A COMBO $3.00
BOTTLE DRINKS EXTRA $0.75
PREMIUM BOTTLE DRINKS: (Smart Water, Monster, or Body Armor) EXTRA $1.50

Anchored in Goodness

GRILLED CHICKEN SANDWICH $6.95

GRILLED BURGER $6.00

TURKEY BURGER $6.00

PROTEIN BOWL $8.25
Marinated Chicken on Mexican Rice, Black Beans, Pinto Beans, Corn, Salsa, & Guacamole

*Make it Vegan by adding extra Beans and Rice for Chicken.

Paninis

CHICKEN BACON RANCH $6.00

ITALIAN $6.00

CLUB $6.00

VEGGIE $5.50

Personal Pizza

CHEESE $4.95

VEGGIE $5.50

PEPPERONI $5.95

SAUSAGE $5.95

ADD A FOUNTAIN OR BOTTLE DRINK

Sides

MINI MEAT PIES (4) $3.95

FRITO PIE $4.25

FRENCH FRIES $2.50

SWEET POTATO FRIES $2.95

ONION RINGS $3.50

FRIED GREEN BEANS $3.95

SAUSAGE STICKS $3.95

Add-Ons

Sour Cream, Shredded Cheese, Pepper Jack, Provolone, Monterey Jack, Mild Cheddar $0.50

Spinach, Grilled Onion, Extra Pepperoni or Extra Sausage on pizza $0.95

Fried Onion, Sautéed Mushrooms, Chili, Extra Egg, Guacamole $1.50

Bacon $2.00

Extra Chicken, Extra Ham, Extra Turkey $2.50

Breakfast

Breakfast ala Carte

HASH BROWNS $2.50

GRITS $2.00

TURKEY BACON $3.00

BACON $3.00

SAUSAGE $3.00

2 EGGS $2.95
Fried-Medium, Fried-Hard, Easy, Scrambled, or Sunny Side Up

Breakfast Sides

CROISSANT OR ENGLISH MUFFIN $1.95

PASTRY, BAGEL, OR MUFFIN $2.25

BISCUIT OR TOAST $1.50

CEREAL WITH MILK $3.50

FRUIT $1.25

Sides

ALL GRAB & GO WRAPS ARE AVAILABLE AS A COMBO

GRAB & GO Wraps

ALL COMBOS INCLUDE A FOUNTAIN DRINK & ONE SIDE:

Chip, Fries, Side Salad, (Sweet Potato Fries, Mozzarella Sticks, Onion Rings, or Fried Green Beans + $0.95)

GARDEN VEGGIE WRAP $5.95
Mixed Greens, Tomatoes, Bell Peppers, Cucumbers, & Carrots

CLUB WRAP $6.50
Mixed Greens, Turkey, Ham, Bacon, Shredded Cheese, & Tomatoes

SAVORY CHICKEN WRAP $6.50
Mixed Greens, Turkey, Shredded Cheese, & Carrots

The Port proudly serves Antibiotic-Free Chicken. Gluten-Free Bread is available upon request.

Under 500 Calories

VEGETARIAN

VEGAN

Grab & Go Sides

YOGURT CUP $1.50

GREEK PARFAIT $4.95

FRESH FRUIT CUP $4.50

EXTRA SALAD DRESSING $0.75

Personal Pizza

THE CAPTAIN $6.75
2 Eggs, Bacon or Sausage, Wheat Toast, Croissant or Biscuit, Grits or Hash Browns

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Egg, Bacon or Sausage, & Cheese

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