

**Strength & Conditioning Concentration (S2027) (120 cr. hrs.) F19**

<b>Board of Regents General Education 39 Hours*</b>			
Courses	Hours	School/Term	Grade
<b>I. ENGLISH COMPOSITION (6 hrs.)</b>			
ENGL 105	3		
ENGL 115	3		
<b>II. SOCIAL/BEHAVIORAL SCIENCES (6 hrs.)</b>			
Econ 201, 202, GEOG 251, 252, POLI 101, 151, PSYC 152, 206 or 209, SOC 105, 107,142, 255	3		
KHS 240 Global Insights into Health	3		
<b>III. MATHEMATICS (6 hrs.)</b>			
MATH 121	3		
MATH 260	3		
<b>IV. NATURAL SCIENCES (9 hrs.)</b>			
Approved Biology: 101, 104,105,106, 107,108, 109, 110, 120	3		
Approved Physical Science: AST 105, 106, CHEM 106, 121, 124; GEOL 105, 106, 206; PHSC 105, 106; PHYS 251, 252,261, 262	3		
One course from above areas	3		
<b>V. HUMANITIES (9 hrs.)</b>			
Lit/Philosophy ENGL 205, 206,210, 215, 220 or PHIL 105, 250	3		
Humanities COMM 130, 135, HIST 105, 106, 107, 145, 146, MCOM 115, 215	3		
Humanities COMM 130, 135, HIST 105, 106, 107, 145, 146, MCOM 115, 215	3		
<b>VI. FINE ARTS (3 hrs.)</b>			
FA 140, 240, 241; MUS 120; Theatre 160,240, 241	3		
<b>Physical Education Service &amp; Fitness Courses-2 Hours</b>			
HPE 100	1		
HPE 128 or 130	1		
<b>Additional Social /Behavioral Science Requirements-3 Hours</b>			
PSYC 405 or 455	3		
<b>Freshman Seminar-3 Hours</b>			
FS 102 or Elective	3		

<b>Health Process Core Requirements -43 Hours</b>			
Courses	Hours	School/Term	Grade
KHS 201 Medical Terminology	3		
KHS 226 Intro. to Community & Public Health	3		
KHS 230 Res., Meas. & Eval in H.E.S.S.	3		
KHS 281 Biology of Personal & Public Health	3		
KHS 310 Environmental Health	3		
COMM 333 Intro to Health Communications	3		
KHS 334 Thry/Method Comm Hlth	3		
KHS 335 Advocacy & Community Engagement	3		
KHS 336 Health Policy	3		
KHS 405 (Epidemiology)	3		
KHS 410 Program Planning & Evaluation	3		
KHS 462 Applied Practice Experience (APE)	6		
MADM 491 Seminar in Health Care Mgt.	3		
KHS 491 Seminar	1		
<b>Strength &amp; Conditioning Concentration (30 Hours)</b>			
KHS 235 Human Nutrition	3		
KHS 325 Biomechanics	3		
KHS 325L Biomechanics Lab	1		
KHS 327 Strength and Conditioning	3		
KHS 340 Motor Behavior	3		
KHS 440 Care & Prevention	3		
KHS 425 Physiology of Exercise	3		
KHS 425L Lab	1		
KHS 427 Strength & Conditions Program Design	3		
KHS 497 Sports Performance Planning	3		
Approved Electives 3 cr. hrs			
HPE 150 cr. hr	1		