

Exercise Science Concentration (S2023) (120 Cr. hrs) F19

Board of Regents General Education 39 Hours			
Courses	Hours	School/Term	Grade
I. ENGLISH COMPOSITION (6 hrs.)			
ENGL 105	3		
ENGL 115	3		
II. SOCIAL/BEHAVIORAL SCIENCES (6 hrs.)			
Econ 201, 202, GEOG 251, 252, POLI 101, 151, PSYC 152, 206 or 209, SOC 105, 107,142, 255	3		
KHS 240 Global Insights into Health	3		
III. MATHEMATICS (6 hrs.)			
MATH 121	3		
MATH 210 or 260	3		
IV. NATURAL SCIENCES (9 hrs.)			
Approved Biology: 101, 104,105,106, 107,108, 109, 110, 120	3		
Approved Physical Science: AST 105, 106, CHEM 106,. 121, 124; GEOL 105, 106, 206; PHSC 105, 106; PHYS 251, 252,261, 262	3		
One course from above	3		
V. HUMANITIES (9 hrs.)			
Lit/Philosophy ENGL 205, 206,210, 215, 220 or PHIL 105, 250	3		
Humanities COMM 130, 135, HIST 105, 106, 107, 145, 146, MCOM 115, 215	3		
Humanities COMM 130, 135, HIST 105, 106, 107, 145, 146, MCOM 115, 215	3		
VI. FINE ARTS (3 hrs.)			
FA 140, 240, 241; MUS 120; Theatre 160,240, 241	3		
Physical Education Service & Fitness Courses-2 Hours			
HPE 100	1		
HPE 128 or 130	1		
Additional Social /Behavioral Science Requirements-3 Hours			
PSYC 405 or 455	3		
Freshman Seminar-3 Hours			
FS 102 or Elective	3		

Health Process Core Requirements -43 Hours			
Courses	Hours	School/Term	Grade
KHS 201 Medical Terminology	3		
KHS 226 Introduction to Community & Public Health	3		
KHS 230 Res., Meas., & Eval in H.E.S.S.	3		
KHS 281 Biology of Personal & Public Health	3		
KHS 310 Environmental Health	3		
COMM 333 Introduction to Health Communications	3		
KHS 334 Theory & Methods of Community & Public Health	3		
KHS 335 Advocacy & Community Engagement	3		
KHS 336 Health Policy	3		
KHS 405 Epidemiology	3		
KHS 410 Program Planning & Evaluation	3		
KHS 462 Applied Practice Experience	6		
MADM 491 Seminar in Health Care Mgt.	3		
KHS 491 Seminar	1		
Exercise Science Concentration -30 Hours			
KHS 235 Human Nutrition	3		
KHS 250 Foundations of Kinesiology	3		
KHS 325 Biomechanics	3		
KHS 325L Biomechanics Lab	1		
KHS 326 Anatomical Kinesiology	3		
KHS 401 Health Risk Assessment	1		
KHS 327 Strength & Conditioning I	3		
KHS 461 Special Populations	3		
KHS 425 Physiology of Exercise	3		
KHS 425L Physiology Of Exercise Lab	1		
KHS 440 Care & Prevention	3		
KHS 460 Exercise Prescription	3		