

Exercise Science Concentration (S2023) (120 Cr. hrs) F19

Board of Regents General Education 39 Hours			
Courses	Hours	School/Term	Grade
I. ENGLISH COMPOSITION (6 hrs.)			
ENGL 105	3		
ENGL 115	3		
II. SOCIAL/BEHAVIORAL SCIENCES (6 hrs.)			
Econ 201, 202, GEOG 251, 252, POLI 101, 151, PSYC 152, 206 or 209, SOC 105, 107,142, 255	3		
KHS 240 Global Insights into Health	3		
III. MATHEMATICS (6 hrs.)			
MATH 121	3		
MATH 210 or 260	3		
IV. NATURAL SCIENCES (9 hrs.)			
Approved Biology: 101, 104,105,106, 107,108, 109, 110, 120	3		
Approved Physical Science: AST 105, 106, CHEM 106,. 121, 124; GEOL 105, 106, 206; PHSC 105, 106; PHYS 251, 252,261, 262	3		
One course from above	3		
V. HUMANITIES (9 hrs.)			
Lit/Philosophy ENGL 205, 206,210, 215, 220 or PHIL 105, 250	3		
Humanities COMM 130, 135, HIST 105, 106, 107, 145, 146, MCOM 115, 215	3		
Humanities COMM 130, 135, HIST 105, 106, 107, 145, 146, MCOM 115, 215	3		
VI. FINE ARTS (3 hrs.)			
FA 140, 240, 241; MUS 120; Theatre 160,240, 241	3		
Physical Education Service & Fitness Courses-2 Hours			
HPE 100	1		
HPE 128 or 130	1		
Additional Social /Behavioral Science Requirements-3 Hours			
PSYC 405 or 455	3		
Freshman Seminar-3 Hours			
FS 102 or Elective	3		

Health Process Core Requirements -43 Hours			
Courses	Hours	School/Term	Grade
KHS 201 Medical Terminology	3		
KHS 226 Introduction to Community & Public Health	3		
KHS 230 Res., Meas., & Eval in H.E.S.S.	3		
KHS 281 Biology of Personal & Public Health	3		
KHS 310 Environmental Health	3		
COMM 333 Introduction to Health Communications	3		
KHS 334 Theory & Methods of Community & Public Health	3		
KHS 335 Advocacy & Community Engagement	3		
KHS 336 Health Policy	3		
KHS 405 Epidemiology	3		
KHS 410 Program Planning & Evaluation	3		
KHS 462 Applied Practice Experience	6		
MADM 491 Seminar in Health Care Mgt.	3		
KHS 491 Seminar	1		
Exercise Science Concentration -30 Hours			
KHS 235 Human Nutrition	3		
KHS 250 Foundations of Kinesiology	3		
KHS 325 Biomechanics	3		
KHS 325L Biomechanics Lab	1		
KHS 326 Anatomical Kinesiology	3		
KHS 401 Health Risk Assessment	1		
KHS 327 Strength & Conditioning I	3		
KHS 461 Special Populations	3		
KHS 425 Physiology of Exercise	3		
KHS 425L Physiology Of Exercise Lab	1		
KHS 440 Care & Prevention	3		
KHS 460 Exercise Prescription	3		

Health & Fitness Management Concentration (S2026) (120 Cr. hrs) F19

Board of Regents General Education 39 Hours*			
Courses	Hours	School/Term	Grade
I. ENGLISH COMPOSITION (6 hrs.)			
ENGL 105	3		
ENGL 115	3		
II. SOCIAL/BEHAVIORAL SCIENCES (6 hrs.)			
Econ 201, 202, GEOG 251, 252, POLI 101, 151, PSYC 152, 206 or 209, SOC 105, 107,142, 255	3		
KHS 240 Global Insights into Health	3		
III. MATHEMATICS (6 hrs.)			
MATH 121	3		
MATH 260	3		
IV. NATURAL SCIENCES (9 hrs.)			
Approved Biology: 101, 104,105,106, 107,108, 109, 110, 120	3		
Approved Physical Science: AST 105, 106, CHEM 106, 121, 124; GEOL 105, 106, 206; PHSC 105, 106; PHYS 251, 252,261, 262	3		
One additional course from 1 area above	3		
V. HUMANITIES (9 hrs.)			
Lit/Philosophy ENGL 205, 206,210, 215, 220 or PHIL 105, 250	3		
Humanities COMM 130, 135, HIST 105, 106, 107, 145, 146, MCOM 115, 215	3		
Humanities COMM 130, 135, HIST 105, 106, 107, 145, 146, MCOM 115, 215	3		
VI. FINE ARTS (3 hrs.)			
FA 140, 240, 241; MUS 120; Theatre 160,240, 241	3		
Physical Education Service & Fitness Courses-2 Hours			
HPE 100	1		
HPE 128 or 130	1		
Additional Social /Behavioral Science Requirements-3 Hours			
PSYC 405 or 455	3		
Freshman Seminar-3 Hours			
FS 102 or Elective	3		

Health Process Core Requirements -43 Hours*			
Courses	Hours	School/Term	Grade
KHS 201 Medical Terminology	3		
KHS 226 Introduction to Community & Public Health	3		
KHS 230 Res, Meas., & Eval in H.E.S.S.	3		
KHS 281 Biology of Personal & Public Health	3		
KHS 310 Environmental Health	3		
COMM 333 Introduction to Health Communications	3		
KHS 334 Theory & Method Comm. & Public Health	3		
KHS 335 Advocacy & Community Engagement	3		
KHS 336 Health Policy	3		
MADM 491 Seminar in Health Care Mgt.	3		
KHS 405 Epidemiology	3		
KHS 410 Program Planning & Evaluation	3		
KHS 462 Applied Practice Experience (APE)	6		
KHS 491 Seminar	1		
Health & Fitness Management Concentration -30 Hours			
KHS 308	3		
ACCT 205	3		
ACCT 206	3		
ECON 201	3		
ECON 202	3		
MADM 301	3		
MKT 301	3		
FIN 301	3		
Approved elective 6 cr. hrs			

Health Behavior Concentration (S2022) (120 cr. hrs.) F19

Board of Regents General Education 39 Hours*			
Courses	Hours	School/Term	Grade
I. ENGLISH COMPOSITION (6 hrs.)			
ENGL 105	3		
ENGL 115	3		
II. SOCIAL/BEHAVIORAL SCIENCES (6 hrs.)			
Econ 201, 202, GEOG 251, 252, POLI 101, 151, PSYC 152, 206 or 209, SOC 105, 107,142, 255	3		
KHS 240 Global Insights into Health	3		
III. MATHEMATICS (6 hrs.)			
MATH 121	3		
MATH 210 or 260	3		
IV. NATURAL SCIENCES (9 hrs.)			
Approved Biology: 101, 104,105,106, 107,108, 109, 110, 120	3		
Approved Physical Science: AST 105, 106, CHEM 106, 121, 124; GEOL 105, 106, 206; PHSC 105, 106; PHYS 251, 252,261, 262	3		
One additional course from 1 areas above	3		
V. HUMANITIES (9 hrs.)			
Lit/Philosophy ENGL 205, 206,210, 215, 220 or PHIL 105, 250	3		
Humanities COMM 130, 135, HIST 105, 106, 107, 145, 146, MCOM 115, 215	3		
Humanities COMM 130, 135, HIST 105, 106, 107, 145, 146, MCOM 115, 215	3		
VI. FINE ARTS (3 hrs.)			
FA 140, 240, 241; MUS 120; Theatre 160,240, 241	3		
Physical Education Service & Fitness Courses-2 Hours			
HPE 100	1		
HPE 128 or 128	1		
Additional Social /Behavioral Science Requirements-3 Hours			
PSYC 405 or 455	3		
Freshman Seminar-3 Hours			
FS 102 or Elective	3		

Health Process Core Requirements -43 Hours			
Courses	Hours	School/Term	Grade
KHS 201 Medical Terminology	3		
KHS 226 Intro. to Community& Public Health	3		
KHS 230 Res., Meas., & Eval in H.E.S.S.	3		
KHS 281 Biology of Personal & Public Health	3		
KHS 310 Environmental Health	3		
COMM 333 Introduction to Health Communications	3		
KHS 334 Theory & Method Comm. & Public Health	3		
KHS 335 Advocacy & Community Engagement	3		
KHS 336 Health Policy	3		
KHS 405 Epidemiology	3		
KHS 410 Program Planning & Evaluation	3		
KHS 462 Applied Practice Experience (APE)	6		
MADM 491 Seminar in Health Care Mgt.	3		
KHS 491 Seminar	1		
Health Behavior Concentration -30 Hours			
Required Courses:			
KHS 308 Health & Fitness Mgt	3		
KHS 312 Health Aspects of Aging	3		
KHS 315 Drug & Sex Education	3		
KHS 311 Consumer Health	2		
PSYC 450 Health Psychology	3		
Other Health-Related Elective -16 cr. hrs:			

Non-Profit Administration Concentration (S2021) (120 cr. hrs.) F19

Board of Regents General Education 39 Hours*			
Courses	Hours	School/Term	Grade
I. ENGLISH COMPOSITION (6 hrs.)			
ENGL 105	3		
ENGL 115	3		
II. SOCIAL/BEHAVIORAL SCIENCES (6 hrs.)			
Econ 201, 202, GEOG 251, 252, POLI 101, 151, PSYC 152, 206 or 209, SOC 105, 107,142, 255	3		
KHS 240 Global Insights into Health	3		
III. MATHEMATICS (6 hrs.)			
MATH 121	3		
MATH 201 or 260	3		
IV. NATURAL SCIENCES (9 hrs.)			
Approved Biology: 101, 104,105,106, 107,108, 109, 110, 120	3		
Approved Physical Science: AST 105, 106, CHEM 106, 121, 124; GEOL 105, 106, 206; PHSC 105, 106; PHYS 251, 252,261, 262	3		
One course from above areas	3		
V. HUMANITIES (9 hrs.)			
Lit/Philosophy ENGL 205, 206,210, 215, 220 or PHIL 105, 250	3		
Humanities COMM 130, 135, HIST 105, 106, 107, 145, 146, MCOM 115, 215	3		
Humanities COMM 130, 135, HIST 105, 106, 107, 145, 146, MCOM 115, 215	3		
VI. FINE ARTS (3 hrs.)			
FA 140, 240, 241; MUS 120; Theatre 160,240, 241	3		
Physical Education Service & Fitness Courses-2 Hours			
HPE 100	1		
HPE 128 or 130	1		
Additional Social /Behavioral Science Requirements-3 Hours			
PSYC 405 or 455	3		
Freshman Seminar-3 Hours			
FS 102 or Elective	3		

Health Process Core Requirements -43 Hours			
Courses	Hours	School/Term	Grade
KHS 201 Medical Terminology	3		
KHS 226 Intro. to Community & Public Health	3		
KHS 230 Res., Meas., & Eval in H.E.S.S.	3		
KHS 281 Biology of Personal & Public Health	3		
KHS 310 Environmental Health	3		
COMM 333 Intro to Health Communications	3		
KHS 334 Theory & Method Comm. & Public Health	3		
KHS 335 Advocacy & Community Engagement	3		
KHS 336 Health Policy	3		
KHS 405 Epidemiology	3		
KHS 410 Program Planning & Evaluation	3		
KHS 462 Applied Practice Experience (APE)	6		
MADM 491 Seminar in Health Care Mgt.	3		
KHS 491 Seminar	1		
Nonprofit Administration* Concentration --30 Hours			
SOCL 192	3		
SOCL 302	3		
SOCL 392	3		
SOCL 492	3		
SOCL 499	3		
MADM 301	3		
MKT 301	3		
Approved Electives 9 credit hours			

*Certification in Non-Profit Leadership is available

PreOT Concentration (S20_____)(120 Cr. hrs) F19

Board of Regents General Education 39 Hours*			
Courses	Hours	School/Term	Grade
I. ENGLISH COMPOSITION (6 hrs.)			
ENGL 105	3		
ENGL 115	3		
II. SOCIAL/BEHAVIORAL SCIENCES (6 hrs.)			
SOCL 105*	3		
KHS 240 Global Insight in Health	3		
III. MATHEMATICS (6 hrs.)			
MATH 121	3		
MATH 210 or 260 *	3		
IV. NATURAL SCIENCES (9 hrs.)			
BIOS 110	3		
BIOS 120	3		
CHEM 121	3		
V. HUMANITIES (9 hrs.)			
Lit/Philosophy ENGL 205, 206,210, 215, 220 or PHIL 105, 250	3		
Humanities COMM 130, 135, HIST 105, 106, 107, 145, 146, MCOM 115, 215	3		
Humanities COMM 130, 135, HIST 105, 106, 107, 145, 146, MCOM 115, 215	3		
VI. FINE ARTS (3 hrs.)			
FA 140, 240, 241; MUS 120; Theatre 160,240, 241	3		
Additional Science Requirements-10 hrs			
BIOS 110L	1		
BIOS 120L	1		
BIOS 284*	3		
BIOS 284L*	1		
BIOS 285*	3		
BIOS 285L*	1		
Physical Education Service & Fitness Courses-2 Hours			
HPE 100	1		
HPE 128 or 130	1		
Additional Social /Behavioral Science Requirements-6 Hours			
PSYC 209*	3		
PSYC 405*	3		
Freshman Seminar-3 Hours			
FS 102 or Elective	3		

Health Process Core Requirements -43 Hours			
Courses	Hours	School/Term	Grade
KHS 201 Medical Terminology	3		
KHS 226 Intro. to Community & Public Health	3		
KHS 230 Res, Meas., & Eval. in H.E.S.S.	3		
KHS 281 Biology of Personal & Public Health	3		
KHS 310 Environmental Health	3		
COMM 333 Intro to Health Communications	3		
KHS 334 Theory & Method Comm. & Public Health	3		
KHS 335 Advocacy & Community Engagement	3		
KHS 336 Health Policy	3		
KHS 405 Epidemiology	3		
KHS 410 Program Planning & Evaluation	3		
KHS 462 Applied Practice Experience	6		
MADM 491 Seminar in Health Care Mgt.	3		
KHS 491 Seminar	1		
Pre-Occupational Therapy Concentration with Exercise Science-- Minimum 17 Hours			
KHS 325 Biomechanics*	3		
KHS 325L Biomechanics Lab*	1		
KHS 327 Strength & Conditioning**	3		
KHS 340 Motor Behavior*	3		
KHS 401 Health Risk Assessment**	1		
KHS 425 Physiology of Exercise**	3		
KHS 425L Physiology of Exercise Lab**	1		
KHS 460 Exercise Prescription **	3		
KHS 461 Special Populations **	3		

*Required for PreOT

**Must have for ACSM Exercise Physiologist Certification

PrePT Concentration (Minimum 123 Cr. hrs)

Board of Regents General Education-39 Hours			
Courses	Hours	School/Term	Grade
I. ENGLISH COMPOSITION (6 hrs.)			
ENGL 105	3		
ENGL 115	3		
II. SOCIAL/BEHAVIORAL SCIENCES (6 hrs.)			
PSYC 209	3		
KHS 240 Global Health	3		
III. MATHEMATICS (6 hrs.)			
MATH 121 or Math 122	3		
MATH 210 or 260	3		
IV. NATURAL SCIENCES (9 hrs.)			
BIOS 110	3		
BIOS 120	3		
CHEM 121	3		
V. HUMANITIES (9 hrs.)			
Lit/Philosophy ENGL 205, 206,210, 215, 220 or PHIL 105, 250	3		
Humanities COMM 130, 135**, HIST 105, 106, 107, 145, 146, MCOM 115, 215	3		
Humanities COMM 130, 135**, HIST 105, 106, 107, 145, 146, MCOM 115, 215	3		
VI. FINE ARTS (3 hrs.)			
FA 140, 240, 241; MUS 120; Theatre 160,240, 241	3		
Physical Education Service & Fitness Courses-2 Hours			
HPE 100	1		
HPE 128 or 130	1		
Additional Social /Behavioral Science Requirements-3 Hours			
PSYC 405	3		
Freshman Seminar-3 Hours			
FS 102 or Elective	3		

Health Process Core Requirements -43 Hours			
Courses	Hours	School/Term	Grade
KHS 201 Medical Terminology	3		
KHS 226 Intro. to Community & Public Health	3		
KHS 230 Res., Meas., & Eval in H.E.S.S.	3		
KHS 281 Biology of Personal & Public Health	3		
KHS 310 Environmental Health	3		
COMM 333 Intro to Health Communications	3		
KHS 334 Theory/Method Comm. & Public Health	3		
KHS 335 Advocacy & Community Engagement	3		
KHS 336 Health Policy	3		
KHS 405 (Epidemiology	3		
KHS 410 Program Planning & Evaluation)	3		
KHS 462 Applied Practice Experience	6		
MADM 491 Seminar in Health Care Mgt.	3		
KHS 491 Seminar	1		
Exercise Science 0 Hours* (suggested but NO required courses)			
KHS 325 Biomechanics**	3		
KHS 325L Biomechanics Lab	1		
KHS 327 Strength & Conditioning	3		
KHS 401 Health Risk Assessment	1		
KHS 425 Physiology of Exercise	3		
KHS 425L Physiology of Exercise Lab	1		
KHS 440 Care & Prevention	3		
KHS 460 Exercise Prescription.	3		
KHS 461 Special Populations	3		
Pre-Physical Therapy Requirements 30 Hours **			
BIOS 110L	1		
BIOS 120L	1		
BIOS 284	3		
BIOS 300 or 400 Level	3		
PHYS 252	3		
PHYS 252L	1		
CHEM 124	3		
CHEM 124L	1		
PHYS 251	3		

PHYS 251L	1		
BIOS 285	3		
CHEM 121L	1		
MATH 122	3		
ENGL 325	3		

- All needed for ACSM Exercise Physiologist Certification

**required

Strength & Conditioning Concentration (S2027) (120 cr. hrs.) F19

Board of Regents General Education 39 Hours*			
Courses	Hours	School/Term	Grade
I. ENGLISH COMPOSITION (6 hrs.)			
ENGL 105	3		
ENGL 115	3		
II. SOCIAL/BEHAVIORAL SCIENCES (6 hrs.)			
Econ 201, 202, GEOG 251, 252, POLI 101, 151, PSYC 152, 206 or 209, SOC 105, 107,142, 255	3		
KHS 240 Global Insights into Health	3		
III. MATHEMATICS (6 hrs.)			
MATH 121	3		
MATH 260	3		
IV. NATURAL SCIENCES (9 hrs.)			
Approved Biology: 101, 104,105,106, 107,108, 109, 110, 120	3		
Approved Physical Science: AST 105, 106, CHEM 106, 121, 124; GEOL 105, 106, 206; PHSC 105, 106; PHYS 251, 252,261, 262	3		
One course from above areas	3		
V. HUMANITIES (9 hrs.)			
Lit/Philosophy ENGL 205, 206,210, 215, 220 or PHIL 105, 250	3		
Humanities COMM 130, 135, HIST 105, 106, 107, 145, 146, MCOM 115, 215	3		
Humanities COMM 130, 135, HIST 105, 106, 107, 145, 146, MCOM 115, 215	3		
VI. FINE ARTS (3 hrs.)			
FA 140, 240, 241; MUS 120; Theatre 160,240, 241	3		
Physical Education Service & Fitness Courses-2 Hours			
HPE 100	1		
HPE 128 or 130	1		
Additional Social /Behavioral Science Requirements-3 Hours			
PSYC 405 or 455	3		
Freshman Seminar-3 Hours			
FS 102 or Elective	3		

Health Process Core Requirements -43 Hours			
Courses	Hours	School/Term	Grade
KHS 201 Medical Terminology	3		
KHS 226 Intro. to Community & Public Health	3		
KHS 230 Res., Meas. & Eval in H.E.S.S.	3		
KHS 281 Biology of Personal & Public Health	3		
KHS 310 Environmental Health	3		
COMM 333 Intro to Health Communications	3		
KHS 334 Thry/Method Comm Hlth	3		
KHS 335 Advocacy & Community Engagement	3		
KHS 336 Health Policy	3		
KHS 405 (Epidemiology)	3		
KHS 410 Program Planning & Evaluation	3		
KHS 462 Applied Practice Experience (APE)	6		
MADM 491 Seminar in Health Care Mgt.	3		
KHS 491 Seminar	1		
Strength & Conditioning Concentration (30 Hours)			
KHS 235 Human Nutrition	3		
KHS 325 Biomechanics	3		
KHS 325L Biomechanics Lab	1		
KHS 327 Strength and Conditioning	3		
KHS 340 Motor Behavior	3		
KHS 440 Care & Prevention	3		
KHS 425 Physiology of Exercise	3		
KHS 425L Lab	1		
KHS 427 Strength & Conditions Program Design	3		
KHS 497 Sports Performance Planning	3		
Approved Electives 3 cr. hrs			
HPE 150 cr. hr	1		