

SUMMER 2018 CALENDAR OF EVENTS

May/June 2018				
Monday	Tuesday	Wednesday	Thursday	Friday
May 28	Classes Begin May 29	May 30	May 31	June 1
	Body Sculpt-4:45 p.m. Yoga-6 p.m. HPE Dance Studio	Kickboxing-4:30 p.m. Body Sculpt-5:15 p.m. HPE Dance Studio		
4	5	6	7	8
<p>Contest: Collaborate on a Pilot Paradise Playlist- 6/4-6/21. All participants will be entered in a drawing for an LSUS Backpack! See SABatLSUS on Facebook.</p> <p>SAB Meeting 1:30 p.m. UC Desoto Room</p> <p>Barre-5:30 p.m. Yoga-6:15 p.m. HPE Dance Studio</p>	<p>Body Sculpt-4:45 p.m. Yoga-6 p.m. HPE Dance Studio</p>	<p>Kickboxing-4:30 p.m. Body Sculpt-5:15 p.m. HPE Dance Studio</p>		<p>Fun Fact Friday! A LSUS related question trivia will be posted to SABatLSUS on Facebook, and the first student to comment with the correct answer will win a prize!</p>
11	12	13	14	15
<p>*NO FITNESS CLASSES</p>	<p>American Red Cross Adult CPR/AED/First Aid Certification 1:30 – 4 p.m. UC Webster Room \$25 for LSUS students *Sign-up in the UC Office by 11 a.m. on 6/12.</p> <p>Body Sculpt-4:45 p.m. *Yoga Cancelled HPE Dance Studio</p>	<p>Kickboxing-4:30 p.m. Body Sculpt-5:15 p.m. HPE Dance Studio</p> <p>Tie Dye 10 a.m. – 1 p.m. UC Steps Dye a shirt provided by SAB!</p>		<p>LSUS Freshman Orientation</p>
18	19	20	21	22
<p>SAB Meeting 1:30 p.m. UC Desoto Room</p> <p>Barre-5:30 p.m. Yoga-6:15 p.m. HPE Dance Studio</p>	<p>Body Sculpt-4:45 p.m. Yoga-6 p.m. HPE Dance Studio</p>	<p>Kickboxing-4:30 p.m. Body Sculpt-5:15 p.m. HPE Dance Studio</p>	<p>Canoe/Stand Up Paddleboard Excursion & Picnic Lunch 10 a.m. Bickham Dickson Lake *Sign-up by 4 p.m. on 6/20.</p>	<p>Fun Fact Friday! A LSUS related question trivia will be posted to SABatLSUS on Facebook, and the first student to comment with the correct answer will win a prize!</p>
26	27	28	29	30
<p>Barre-5:30 p.m. Yoga-6:15 p.m. HPE Dance Studio</p>	<p>Body Sculpt-4:45 p.m. Yoga-6 p.m. HPE Dance Studio</p>	<p>Kickboxing-4:30 p.m. Body Sculpt-5:15 p.m. HPE Dance Studio</p>		

SUMMER 2018 CALENDAR OF EVENTS

July 2018				
Monday	Tuesday	Wednesday	Thursday	Friday
2 SAB Meeting 1:30 p.m. UC Desoto Room Barre -5:30 p.m. Yoga -6:15 p.m. HPE Dance Studio	3	Campus Closed 4 *NO FITNESS CLASSES	5 Celebration of International Chocolate Day All Day Chocolate will be delivered to classes	6 Fun Fact Friday! A LSUS related question trivia will be posted to SABatLSUS on Facebook and the first student to comment with the correct answer will win a prize!
9 Barre -5:30 p.m. Yoga -6:15 p.m. HPE Dance Studio	10 Body Sculpt -4:45 p.m. Yoga -6 p.m. HPE Dance Studio	11 Canoe/Stand Up Paddleboard Excursion & Picnic Lunch 10 a.m. Bickham Dickson Lake *Sign-up by 4 p.m. on 7/10. Kickboxing -4:30 p.m. Body Sculpt -5:15 p.m. HPE Dance Studio	12	13 LSUS Freshman Orientation
16 SAB Meeting 1:30 p.m. UC Desoto Room Barre -5:30 p.m. Yoga -6:15 p.m. HPE Dance Studio	17 Body Sculpt -4:45 p.m. Yoga -6 p.m. HPE Dance Studio	18 Kickboxing -4:30 p.m. Body Sculpt -5:15 p.m. HPE Dance Studio	19	20 Fun Fact Friday! A LSUS related question trivia will be posted to SABatLSUS on Facebook and the first student to comment with the correct answer will win a prize!
23 Social Media Contest: #PilotProudPets . 7/23-7/27, submit a photo of your pet showing Pilot Pride! All participants will be entered in a drawing for an LSUS Backpack. See SABatLSUS on Facebook . Barre -5:30 p.m. Yoga -6:15 p.m. HPE Dance Studio	24 Body Sculpt -4:45 p.m. Yoga -6 p.m. HPE Dance Studio	25 American Red Cross Adult CPR/AED/First Aid Certification 1:30 – 4 p.m. UC Webster Room \$25 for LSUS students *Sign-up in the UC Office by 11 a.m. on 7/25. Kickboxing -4:30 p.m. Body Sculpt -5:15 p.m. HPE Dance Studio	26	27 LSUS Freshman Orientation