

SUMMER 2017 CALENDAR OF EVENTS

June 2017				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>5 Classes Begin</p> <p>Lemonade Bar 10 a.m. – 1:30 p.m. UC Lobby</p> <p>Body Thrive-5 p.m. Pilates-5:45 p.m. HPE Dance Studio</p>	<p>6</p> <p>Total Body Circuit-5 p.m. HPE Dance Studio</p>	<p>7</p> <p>Kickboxing-4:30 p.m. Body Sculpt-5:15 p.m. HPE Dance Studio</p>	<p>8</p>	<p>9</p> <p>Fitness Friday! Each Friday, a wellness-related question will be posted to SABatLSUS on Facebook, and the first student to comment with the correct answer will win a prize!</p>
<p>12</p> <p>Body Thrive-5 p.m. Pilates-5:45 p.m. HPE Dance Studio</p>	<p>13</p> <p>American Red Cross Adult CPR/AED/First Aid Certification 1 – 5 p.m. UC Desoto Room \$25 for LSUS students *Sign-up by 11 a.m. on 6/13.</p> <p>Total Body Circuit-5 p.m. HPE Dance Studio</p>	<p>14</p> <p>SAB Meeting 2 p.m. UC Pilot's Room</p> <p>Kickboxing-4:30 p.m. Body Sculpt-5:15 p.m. HPE Dance Studio</p>	<p>15</p>	<p>16</p> <p>Fitness Friday! SABatLSUS on Facebook</p>
<p>19</p> <p>Social Media Meme Contest: "You know you're an LSUS student IF..." 6/19-6/23/17. All participants will be entered in a drawing for a \$50 gift card! See SABatLSUS on Facebook.</p> <p>Body Thrive-5 p.m. Pilates-5:45 p.m. HPE Dance Studio</p>	<p>20</p> <p>Total Body Circuit-5 p.m. HPE Dance Studio</p>	<p>21</p> <p>Kickboxing-4:30 p.m. Body Sculpt-5:15 p.m. HPE Dance Studio</p>	<p>22</p> <p>Canoe Excursion & Picnic Lunch 10 a.m. Bickham Dickson Lake *Sign-up by 4 p.m. on 6/21.</p>	<p>23</p> <p>Fitness Friday! SABatLSUS on Facebook</p>
<p>26</p> <p>Body Thrive-5 p.m. Pilates-5:45 p.m. HPE Dance Studio</p>	<p>27</p> <p>Free Smoothies 10-11 a.m. UC Steps</p> <p>Total Body Circuit-5 p.m. HPE Dance Studio</p>	<p>28</p> <p>SAB Meeting 2 p.m. UC Pilot's Room</p> <p>Kickboxing-4:30 p.m. Body Sculpt-5:15 p.m. HPE Dance Studio</p>	<p>29</p>	<p>30</p> <p>Fitness Friday! SABatLSUS on Facebook</p>

SUMMER 2017 CALENDAR OF EVENTS

July 2017				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Body Thrive-5 p.m. Pilates-5:45 p.m. HPE Dance Studio</p>	<p>4 Campus Closed</p>	<p>5</p> <p>Popsicles & Snow Cones 10-1:30 p.m. UC Steps</p> <p>Kickboxing-4:30 p.m. Body Sculpt-5:15 p.m. HPE Dance Studio</p>	<p>6</p>	<p>7</p> <p>Fitness Friday! SABatLSUS on Facebook</p> <p>Canoe Excursion & Picnic Lunch 10 a.m. Bickham Dickson Lake *Sign-up by 4 p.m. on 7/7.</p>
<p>10</p> <p>Body Thrive-5 p.m. Pilates-5:45 p.m. HPE Dance Studio</p>	<p>11</p> <p>Total Body Circuit-5 p.m. HPE Dance Studio</p>	<p>12</p> <p>SAB Meeting 2 p.m. UC Pilot's Room</p> <p>Kickboxing-4:30 p.m. Body Sculpt-5:15 p.m. HPE Dance Studio</p>	<p>13</p> <p>Sand Art Bar 10-1:30 p.m. UC Lobby</p>	<p>14</p> <p>Fitness Friday! SABatLSUS on Facebook</p>
<p>17</p> <p>Body Thrive-5 p.m. Pilates-5:45 p.m. HPE Dance Studio</p>	<p>18</p> <p>Total Body Circuit-5 p.m. HPE Dance Studio</p>	<p>19</p> <p>Kickboxing-4:30 p.m. Body Sculpt-5:15 p.m. HPE Dance Studio</p>	<p>20</p> <p>American Red Cross Adult CPR/AED/First Aid Certification 1 – 5 p.m. UC Desoto Room \$25 for LSUS students *Sign-up by 11 a.m. on 7/20.</p>	<p>21</p> <p>Fitness Friday! SABatLSUS on Facebook</p>
<p>24</p> <p>Social Media Contest: What's your advice for incoming LSUS students? 7/24-7/28/17. All participants will be entered in a drawing for a \$50 gift card! See SABatLSUS on Facebook.</p> <p>Body Thrive-5 p.m. Pilates-5:45 p.m. HPE Dance Studio</p>	<p>25</p> <p>Total Body Circuit-5 p.m. HPE Dance Studio</p>	<p>26</p> <p>SAB Meeting 2 p.m. UC Pilot's Room</p> <p>Kickboxing-4:30 p.m. Body Sculpt-5:15 p.m. HPE Dance Studio</p>	<p>27</p>	<p>28</p> <p>Fitness Friday! SABatLSUS on Facebook</p>