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ASSISTANCE WITH STUDY HABITS

LSUS Resources
- Student Development & Counseling Center (ADM 220; 797-5365)
  - Individual study skills training
  - Academic Support Group
  - Mentoring program for freshmen
  - Self-help study guides

Recommended course
- Freshman Seminar
  - A course designed to help the student acquire and sharpen the skills necessary for success in college. Includes learning and memory, motivation, test anxiety, reading for comprehension, time budgeting, and other skills.

Important considerations
- Regular class attendance
- Daily review of notes
- Effective time management strategies
- Formation of student study groups or note exchanges
- Communication with instructors
- Contact with counselor, academic advisor, and freshman mentor

Web Resources
- http://www.lsus.edu/sdcc/
- http://www.studygs.net/index.htm
- www.d.umn.edu/student/loon/acad/strat

ASSISTANCE WITH EXAM SKILLS & TEST ANXIETY

LSUS Resources
- Student Development & Counseling Center (ADM 220; 797-5365)
  - Individual counseling
  - Academic Support Group
  - Mentor program
  - Self-help study guides

Recommended course
- Freshman Seminar (FS 101, 102, 103, 104)
  - A course designed to help the student acquire and sharpen the skills necessary for success in college. Includes learning and memory, motivation, test anxiety, reading for comprehension, time budgeting, and other skills.

Important considerations
- Regular class attendance and participation
- Importance of remaining current in reading materials
- Avoidance of cramming
- Daily review of notes
• Importance of time management in the review process
• Importance of learning relaxation techniques
• Communication with course instructors

Web Resources
• http://www.lsus.edu/sdcc/
• http://www.studygs.net/index.htm

ASSISTANCE WITH WRITING SKILLS

LSUS Resources
• The University Writing Center (BH 114)

Recommended course
• Developmental English Composition (ENGL 005)
  o An introductory writing course that stresses the development of multi-paragraph expository essays. Teaches how to create a thesis and develop it in unified paragraphs; includes a review of grammar and spelling as well as practice in the techniques of critical reading. Does not satisfy general education requirement for freshman composition. Grading is on a pass-no credit basis.

Important considerations
• Advantages of using the Writing Center (for all classes)
• Communication with English composition instructor
• Importance of proofreading
• Knowledge of plagiarism

Web Resources
• http://www.lsus.edu/offices-and-services/university-writing-center
• http://members.tripod.com/~lklivingston/essay/index.html
• http://dailygrammar.com
• http://www.powa.org/home.html

ASSISTANCE WITH MATH SKILLS

LSUS Resources
• Math Help Lab (BH 404)

Recommended course
• Elementary Algebra (Math 007)
  o Introduces the student to the basic concepts of algebra, beginning with the fundamental operations of real numbers and continuing through binary operations on polynomials. This includes algebraic addition, subtraction, multiplication, division, factoring and fractions. Grading is on P/NC basis.

Important considerations
• Math (& science) notes must be reviewed frequently
ASSISTANCE WITH SPECIFIC SUBJECTS

LSUS Resources

- Faculty Office/Conference
- Campus Wide Lab (UC 109)
  - The Campus Wide Lab is available to all LSUS students with computing needs through a variety of software programs and Internet connections. It houses common program applications and software frequently used by freshmen and sophomores. The Campus Wide Lab employs student workers to assist student users. Hours of operation vary each term and are posted on the door.
- Labs within the College of Business
  - Accounting Lab (BE 204)
  - Business Lab (BE 201)
  - Business Lab (BE 203)
- Labs within the College of Education and Human Development
  - Education Lab (BE 218)
  - Kinesiology and Health Science Lab (HPE 203)
- Labs within the College of Liberal Arts
  - Fine Arts Mac Lab (BH 132)
  - Foreign Language Multimedia Center (BH 242)
  - GIS Lab (BH 304)
  - Mass Communications Lab (BH 340)
  - University Writing Center (BH 114)
- Labs within the College of Sciences
  - Chemistry Lab (SC 311)
  - Mathematics Help Lab (BH 404)
  - Mathematics Teaching Lab (BH 406)
- Tutorial assistance
  - The University Writing Center, sponsored by the Department of English and located in Bronson Hall 114, is a facility available to all students with writing needs. The Writing Center is not a correcting service, a grading service, nor a “write-it-for-you” service. It does provide critiques of student writing, assistance through a variety of formats, and individual tutoring. Students are encouraged, whatever the discipline or course of study, to bring rough drafts of papers to the center for assistance. It is open most weekdays during a regular term with hours posted on the door.
  - Tutorial assistance for students currently enrolled in mathematics is available in the Math Help lab. The lab schedule may change from term to term. Students should ask their instructor about tutorial assistance.
The Department of Management and Marketing has a statistics laboratory to provide assistance to students. Inquiry may be made through the course instructor or at the department office located in the Business Administration-Education Building.

The Accounting Department employs CPA’s from the community to assist on a one-to-one basis those students wanting additional help in the area of principles and intermediate accounting. Inquiry may be made through the course instructor or by visiting the department office located in the Business Administration-Education Building.

Tutorial assistance is available in departments other than those listed. All departmental assistance however depends largely upon the availability of student tutors. For this reason, schedules vary from term to term.

Important considerations
- Sit in the front of the class and participate
- Help is available on campus
- Importance of class attendance and daily note review
- Study groups can be beneficial
- Specific departments may have lists of tutors for hire

ASSISTANCE WITH PERSONAL DIFFICULTIES

LSUS Resources
- Student Development & Counseling Center (ADM 220; 797-5365)
  - Individual counseling
  - Support groups
  - Services for students with disabilities
  - Mentor programs
  - Self-help information on various topics

Important considerations
- Know your strengths and weaknesses
- Balance stressors with pleasurable activities
- Get plenty of rest & eat balanced meals
- Gather supportive friends and family around you

Web Resources
- http://www.lsus.edu/sdcc
- http://www.psychcentral.com
- http://www.ulifeline.org/schools/lsus
- http://www.revolutionhealth.com

ASSISTANCE WITH CAREERS

LSUS Resources
- LSUS Career Center
- Communication with academic advisor
Important considerations
- Areas of interest and skills
- Values clarification
- Relevant student (or community) organizations
- Volunteering

Web Resources
- http://www.lsus.edu/career

ASSISTANCE WITH FINANCIAL DIFFICULTIES

LSUS Resources
- Office of Financial Aid (ADM 202; 797-5363)

Important considerations
- Be aware of financial aid deadlines
- Scholarships or financial assistance through churches or other organizations
- Communication with department

Web Resources
- www.fafsa.ed.gov
- www.osfa.state.la.us
- www.finaid.org
- http://www.lsus.edu/finaid/
- www.fastweb.com

ASSISTANCE WITH STUDENT INVOLVEMENT

LSUS Resources
- University Center Office (UC 232; 797-5393)
  - Student Activities Board
  - Student Government Association
  - Greek Life
  - Recreational Sports
- Almagest (LSUS student newspaper)

Important considerations
- Feeling a part of the University enhances wellbeing & academic success
- Involvement provides a supportive network
- Student organizations

Web Resources
- www.lsus.edu/student-life
- www.lsus.edu/athletics
## IMPORTANT DATES TO REMEMBER
### Spring 2011

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
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<tbody>
<tr>
<td>January 18</td>
<td>Classes begin</td>
</tr>
<tr>
<td>January 24</td>
<td>Last day to add courses for credit or to change from audit to credit;</td>
</tr>
<tr>
<td>February 4</td>
<td>Last day to drop courses or resign without receiving “W”</td>
</tr>
<tr>
<td>March 2</td>
<td>Last day to change to audit</td>
</tr>
<tr>
<td>March 7-8</td>
<td>Mardi Gras Holiday (no Saturday classes on March 5)</td>
</tr>
<tr>
<td>April 1</td>
<td>Last day to drop courses or to resign</td>
</tr>
<tr>
<td>April 11</td>
<td>Registration begins for currently enrolled graduate students and seniors</td>
</tr>
<tr>
<td>April 12</td>
<td>Registration begins for currently enrolled juniors</td>
</tr>
<tr>
<td>April 13</td>
<td>Registration begins for currently enrolled sophomores</td>
</tr>
<tr>
<td>April 14</td>
<td>Registration begins for currently enrolled freshmen</td>
</tr>
<tr>
<td>April 15</td>
<td>Registration begins for admitted re-entry students</td>
</tr>
<tr>
<td>April 18-23</td>
<td>Spring Break</td>
</tr>
<tr>
<td>April 22</td>
<td>Good Friday</td>
</tr>
<tr>
<td>April 25</td>
<td>Registration begins for transfer students</td>
</tr>
<tr>
<td>May 7</td>
<td>Classes end</td>
</tr>
<tr>
<td>May 9-14</td>
<td>Final exams</td>
</tr>
<tr>
<td>May 16</td>
<td>Spring grades due</td>
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<tr>
<td>May 22</td>
<td>Spring Commencement</td>
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### IMPORTANT CAMPUS PHONE NUMBERS

<table>
<thead>
<tr>
<th>Department</th>
<th>Location</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Accounting</td>
<td>ADM 129</td>
<td>797-5074</td>
</tr>
<tr>
<td>Admissions &amp; Records</td>
<td>ADM 168</td>
<td>797-5061</td>
</tr>
<tr>
<td>Bookstore</td>
<td>TC 1st floor</td>
<td>797-5302</td>
</tr>
<tr>
<td>Career Center</td>
<td>ADM 230</td>
<td>797-5062</td>
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</table>

#### College of Business, Education, & Human Development

- **School of Business**
  - BE 101 797-5383
  - Accounting & Business Law  BE 339 797-5241
  - Economics & Finance  BE 339 797-5241
  - Management & Marketing  BE 301 797-5017

- **School of Education**
  - Education  BE 348C 797-5032

- **School of Human Sciences**
  - Kinesiology & Health Science  HPE 207 797-5264
  - Military Science  HPE 212 797-5264
  - Psychology  BE 348E 797-5044

#### College of Arts and Sciences

- **School of Humanities and Social Sciences**
  - Communications  BH 330 797-5375
  - English  BH 258 797-5369
  - Fine Arts/Foreign Languages/Humanities  BH 439 797-5198
  - History & Social Sciences  BH 439 797-5337

- **School of Mathematics and Sciences**
  - SC 104 797-5231
  - Biological Sciences  SC 224A 797-5244
  - Chemistry & Physics  SC 112 797-5246
  - Mathematics  BH 430 797-5377
  - Computer Science  TC 206 797-5093

- **Counseling Services**
  - ADM 220 797-5365

- **Financial Aid**
  - ADM 202 797-5363

- **Housing (University Court Apartments)**
  - UCA 797-8588

- **Library**
  - 797-5225

- **Records**
  - ADM 168 797-5204

- **Services for Students with Disabilities**
  - ADM 220 797-5365
HOW TO COMPUTE YOUR GPA

Your GPA is important since it determines whether you are maintaining satisfactory academic progress and whether or not you remain in school. Before you can compute your GPA, you must determine the quality points earned. This is determined by multiplying the quality points by the credit hours. Quality points are distributed according to the following scale:

- **A** earns four quality points per term hour and is given for work of the highest degree of excellence.
- **B** earns three quality points per term hour and is given for work of a high degree of excellence.
- **C** earns two quality points per term hour and is given for satisfactory work.
- **D** earns one quality point per term hour and is given for passing but marginal work.
- **F** does not earn quality points. This grade is given for work failed. A student who receives this grade in a course must repeat the course in the LSU system in order to receive credit for it.

Then divide the total number of quality points earned by the total number of hours attempted. For example,

<table>
<thead>
<tr>
<th>Course</th>
<th>Hours</th>
<th>Grade</th>
<th>Quality Points Earned</th>
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</thead>
<tbody>
<tr>
<td>Math 121</td>
<td>3</td>
<td>B</td>
<td>9</td>
</tr>
<tr>
<td>English 105</td>
<td>3</td>
<td>C</td>
<td>6</td>
</tr>
<tr>
<td>Communications 135</td>
<td>3</td>
<td>A</td>
<td>12</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>9</strong></td>
<td></td>
<td><strong>27</strong></td>
</tr>
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27 quality points divided by 9 hours = 3.0 GPA for the term.