**Introduction**

This report applies your results from the Myers-Briggs Type Indicator® (MBTI®) assessment to help you identify job families and occupations that are a good fit for your reported MBTI type. The MBTI tool was developed by Isabel Briggs Myers and Katharine Briggs and is based on Carl Jung’s theory of psychological types. It has been used for more than 60 years to help people become more satisfied and successful in their careers.

**This Report Can Help You**

1. Identify job families, or broad occupational categories, to help get you started in your career search
2. Choose a specific job or career
3. Select a college major or course of study
4. Identify strengths and potential weaknesses of your type for the career search process
5. Increase your job satisfaction
6. Make a career transition or shift
7. Plan your career development strategy and action steps

The job families and specific occupations used in this report are adapted from the O*NET™ system of occupational classification developed by the U.S. Department of Labor, which is the standard method for classifying occupations. The relationship between the O*NET occupations and MBTI types has been established using information from a database of more than 92,000 working adults who recently took the MBTI assessment and reported that they were satisfied with their jobs.

This report is only one source of information. When choosing a career or contemplating a career change, you must also consider your abilities and skills, your occupational and leisure interests, and your values and goals. You will also need information about specific tasks involved in different occupations, as well as current career opportunities. Additional career information can be found online at [http://online.onetcenter.org](http://online.onetcenter.org).

**How Your MBTI® Career Report Is Organized**

1. Summary of Your MBTI® Results
2. How Your Type Affects Your Career Choice
3. How Your Type Affects Your Career Exploration
4. How Your Type Affects Your Career Development
5. Job Families and Occupations for Your Type
   - Ranking of Job Families
   - Most Popular Occupations
   - Least Popular Occupations

**How to Take the MBTI® Career Assessment and Access Report**

1. Available through LSU Shreveport Career Services using [LSUS Career Pilot](http://www.lsus.edu/career)
2. Takes 20 to 35 minutes and is available 24-7
3. $20.00 fee includes 45 minute consultation with Career Services professional by appointment
4. Results are shown through a 23 page report using terminology easy to understand